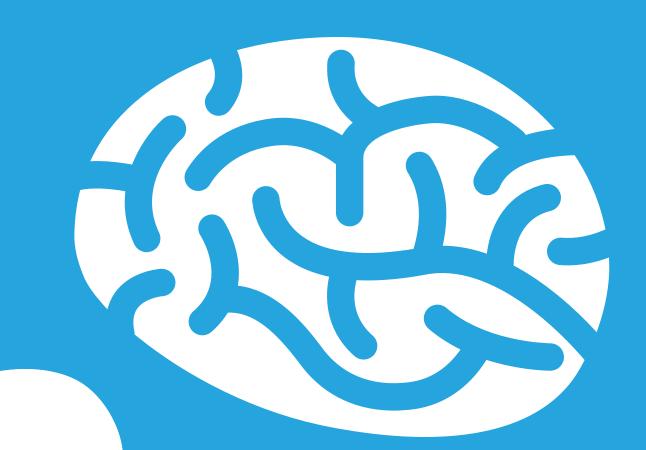


Shall we speak baby talk

Ma-ma Da-dal

UNICEF/UN0155763/Zammit

The brains of a 3-year-old children are twice as active as an adult.



A child's brain can establish 1 million neuron connections per second, and this speed could only be found in children.

Neuron connection helps children to develop brain function and learning ability.





Source:

Center on the Developing Child (2007). The Science of Early Childhood Development (InBrief). < https://developingchild.harvard.edu/resources/inbrief-science-of-ecd>, 2007, accessed 13 June 2019

Why do we need to speak baby talk?

Some studies indicate that babies are more focused and responsive to slow, melodic, and exaggerated wordings.

Not only does the baby can hear baby talk, they can also see the exaggerated expression of parents.

The benefits of baby talk

(
Y	

Can stimulate babies' brain. It helps to build language ability.



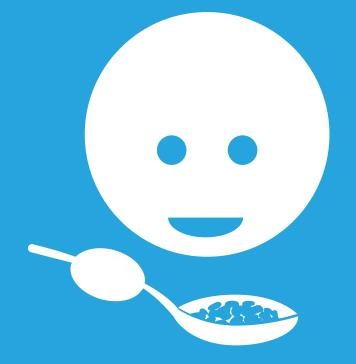
Interact with baby talk helps to build up a parent-child relationship.

Source: UNICEF, Baby talk master class with Dr. Kalashnikova, <https://www.youtube.com/watch?v=VJMeAFtHdLQ>, accessed 3 June 2019

How to speak baby talks?

Source: UNICEF, Baby talk master class with Dr. Kalashnikova, <https://www.youtube.com/watch?v=VJMeAFtHdLQ>, accessed 3 June 2019

Tip 1: Use simple wording.



"Have congee" or "have tomato potato fish congee"?

Tip 3: Baby talk is melodic.

Tip 2: Talk slowly, baby talk isn't tongue twisters.



Tip 4: Attract baby attention with exaggerated expressions.









Practice makes perfect!

- 1. Spend about 15 minutes per day for parent-child interaction to practice baby talk with your baby.
- 2. Choose specific things to talk about. Objects like toys or pictures are good choices.
- 3. It is recommended to take away things that distract you and your baby (such as mobile phones) during the parent-child interaction. It helps you to focus on the conversation.
- 4. If you are not used to speak in an exaggerated tone, don't need to be nervous, practice makes perfect!



Baby Talk for Dads

To encourage dads to communicate with babies, UNICEF partners with H&M Foundation to develop an online tool, "Baby Talk for Dads", which allows dads to practice baby talk. How do dads talk to babies? Watch the video now~





Mini Parenting Master Class: Baby Talk

In the mini parenting master class, Dr. Marina Kalashnikova, who researches how babies learn language, explains what baby talk is and why it's the important.





Find out more resources on Early Childhood Development



Recommendation



Early Childhood Development Leaflet The leaflet provides tips for teachers, parents and child care worker to boost children's development





Education Web Portal edu.unicef.org.hk

Register membership and download the resources on Early Childhood Development for free



Translation: Ng King Foo (UNICEF HK Voluntary School Speaker 2018-20) Proofreading: Gabrielle Au (UNICEF HK Voluntary School Speaker 2018-20)

