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維他命C  
營養素

#EatPlayLove

# 全面營養 成長關鍵

Adequate nutrition  
is key to early childhood development

充足的營養、健康的成長環境讓孩子茁壯成長。（現時，全球45% 5歲以下兒童死亡個案皆由可避免的營養不良所致。）

Adequate nourishment and a nurturing environment enable children to grow healthily. Around 45% of children under five fatalities are due to malnutrition that could be prevented or treated.

unicef 

聯合國兒童基金香港委員會